
THE PEOPLE'S PATRIOT PROJECT

PATRIOT PRESS

"We remember those who were called upon to give all a person can give, and we remember those who were prepared to make that sacrifice if it were demanded of them in the line of duty, though it never was. Most of all, we remember the devotion and gallantry with which all of them ennobled their nation as they became champions of a noble cause."

- Ronald Reagan



WELCOME

Welcome to The People's Patriot Project's official monthly Newsletter!

Thank you so much for your support and collaboration! We are glad to have you here!

In this Newsletter, you will find information on the who, what, when, where, and why behind The People's Patriot Project.



If you or someone you know needs help,
do not hesitate to call.

WE ARE HERE FOR YOU

CONNECT WITH US



The People's Patriot Project



WEP3RADIOLIVE



<https://thepeoplespatriotproject.org/home>



Crisis Hotline: 988-1
PPP: 763-238-5971

We the People...

WE, THE PEOPLE, THE PEOPLE'S PATRIOT PROJECT, have adopted the Mission of Honoring and Empowering those who have served by being the shock and awe when combating the silent and deadly enemy of our veterans and first responders, the enemy that leaves mortal and invisible wounds.

CORE VALUES

- Aid those who sacrificed for us
- Support the families of civil servants
- Heal the traumas of service
- Share the burdens of our community
- Create opportunities for Patriots

OUR VISION

Our Vision is to provide a community and network of support, with the necessary tools, insights, and resources to aid in the rehabilitation of veteran and current service members and civil servants to go through a recovery process and transition into real-world opportunities and situations.

WE want to help provide more fulfilling life memories and experiences by providing resources and facilities that will show an appreciation for the sacrifices and service these members have already provided to our country and community. Adding to their memories and experiences for the main purpose as they have sacrificed their livelihood to promote the life securities and freedoms we all share as Americans.

WE DO WHAT WE DO IN THE NAME OF HONOR FOR THOSE WHO HAVE SERVED; COMBATING THE SILENT, INVISIBLE, AND DEADLY ENEMY OF OUR VETERANS AND FIRST RESPONDERS, THE ENEMY THAT LEAVES MORTAL AND INVISIBLE WOUNDS.





**WE KNOW WHY WE GET TO DO THIS!
GODFATHER'S BOOTH:
JUNE 2025**

**THANK YOU FOR READING THE WEP3 NEWSLETTER.
THE PEOPLE'S PATRIOT PROJECT**

JUNE IS PTSD AWARENESS MONTH.

**PTSD AWARENESS MONTH IS MEANT TO RAISE AWARENESS AND ADVOCATE FOR THOSE
SUFFERING WITH PTSD.**

**KNOWN AS "SHELL SHOCK", "SOLDIERS HEART", OR "BATTLE FATIGUE", PTSD DOESN'T JUST
AFFECT MILITARY MEMBERS OR VETERANS.**

**MEN, WOMEN, AND CHILDREN CAN EXPERIENCE PTSD. ACCORDING TO THE NATIONAL
CENTER FOR PTSD, BETWEEN 7 - 8 % OF THE POPULATION WILL EXPERIENCE PTSD DURING
THEIR LIFETIME.**

THAT IS QUITE A BIT OF PEOPLE.

**TAKE SOME TIME TO LEARN ABOUT PTSD, LEARN WHERE TO GO FOR TREATMENT. LEARN HOW
TO SUPPORT SOMEONE WHO IS SUFFERING WITH PTSD.**

**ALONG WITH TREATMENT AND A GOOD SUPPORT SYSTEM, PTSD CAN BE MANAGED. THERE
ARE MANY TYPES OF TREATMENT OPTIONS AVAILABLE, TALK WITH YOUR PROVIDER TO FIND
WHAT WILL WORK FOR YOU.**

PTSD SELF SCREEN

**SOMETIMES THINGS HAPPEN TO PEOPLE THAT ARE UNUSUALLY FRIGHTENING,
HORRIBLE, OR TRAUMATIC.**

**THIS IS FOR INFORMATIONAL PURPOSES ONLY AND IS NOT MEANT TO REPLACE OR PROVIDE
ANY TYPE OF PROFESSIONAL CARE. ALWAYS CONSULT WITH YOUR PRIMARY CARE PROVIDER.**

- 1. HAVE YOU HAD NIGHTMARES ABOUT THE EVENTS, OR THOUGHT ABOUT THEM, EVEN
WHEN YOU DIDN'T WANT TO?**
- 2. HAVE YOU TRIED HARD NOT TO THINK ABOUT THE EVENTS, OR WENT OUT OF YOUR WAY
TO AVOID SITUATIONS THAT REMINDED YOU OF THE EVENTS?**
- 3. HAVE YOU BEEN CONSTANTLY ON GUARD, WATCHFUL, OR EASILY STARTLED?**
- 4. HAVE YOU FELT NUMB, OR DETACHED FROM PEOPLE, PLACES, OR THINGS?**
- 5. HAVE YOU FELT GUILTY OR UNABLE TO STOP BLAMING YOURSELF OR OTHERS FOR THE
EVENTS?**

***IF YOU ANSWERED YES TO 3 OR MORE OF THESE QUESTIONS, YOU SHOULD TALK WITH YOUR
PRIMARY CARE PROVIDER TO SEE WHAT THE NEXT STEPS ARE.**

REMEMBER, WE ARE HERE FOR YOU.

IF YOU ARE IN CRISIS- DIAL 9-8-8.

**WE APPRECIATE YOU!
UNTIL NEXT TIME-**

WE GOT YOUR 6 @ 6

Every week at 1800 central time, we share our guests' stories on our live streamed Podcast. We come together to discuss anything from tragedy to triumph, music and laughter, and so much more.

There is nothing separating us from the mission we set out to conquer!

So tune in every Sunday at 6pm on Facebook and Youtube and be a part of the solution with us!

This month, we have some awesome guest speakers and musicians who want to do just that! Listen in as they offer empowerment and healing in the body and mind through peer support, intervention, mental and holistic wellness, and so much more.

There is something for everyone this month of June!

JUNE GUEST LINEUP

DATE	EPISODE NUMBER	GUEST
01-June-2025	#255	Terrance Popp, Redonkulas
01-June-2025	#255	Jeff Jacobs, Musician
08-June-2025	#256	Brennen Morton, Author
08-June-2025	#256	Ryan Daniel, Musician
15-June-2025	#257	Robin Johnson, Best Medicine Brigade
15-June-2025	#257	KC Beck, Musician
22-June-2025	#258	Louis Stockley
22-June-2025	#258	TBD
29-June-2025	#259	TBD
29-June-2025	#259	TBD

YOU ARE NOT ALONE

JUNE IS PTSD AWARENESS MONTH

I ALMOST TURNED 22 TODAY

I ALMOST TURNED 22 TODAY
IT'S NOT WHAT YOU THINK
NO, NOT THE USUAL WAY
THERE WAS NO CAKE
NO CANDLES, OR GIFTS
THE DEMONS SHOWED UP
ALL THEY BROUGHT WERE RIFTS
MY LIFE THEY WANTED TO TAKE
THEY WANTED TO STAY
TO CELEBRATE THEIR DAY
THE GAME OF LIFE THEY TRIED TO PLAY
I TOSSED, I TURNED
I TRIED TO IGNORE WHAT THEY SAY
IT WAS ME THEY WANTED TO SLAY
THEY ALMOST WON, THEIR VICTORY WAS NEAR
BUT AT THE RIGHT TIME, I CALLED ON A PEER
THOSE DEMONS SEEM MIGHTY AND BOLD
THEY CAN'T BE BEATEN IS WHAT I'M TOLD
I WAS GIVEN SOME RENEWED STRENGTH
BECAUSE MY PEER WILL GO TO ANY LENGTH
AND SPOKE THOSE WORDS I NEEDED TO HEAR
STAY IN THE FIGHT, YOUR VICTORY IS NEAR
WE CAN DEFEAT THOSE DEMONS
I AM YOUR PEER
COVERED WITH SWEAT, MY SKIN HAS GLISTENED
BUT MY PEER IS HERE AND THEY LISTENED
THEY HEARD MY CRIES, AND MY DOUBT
THEY LISTENED UNTIL I GOT IT OUT
THEN MY PEER, STOOD BY ME NEAR
AND WHISPERED CONFIDENTLY IN MY EAR
WHEN YOU FIND YOURSELF IN THIS FIX
REMEMBER YOUR PEER- WE GOT YOUR SIX
YOU SEE, IT ISN'T THE DAY OF MY BIRTH
I WILL LIVE ANOTHER YEAR ON THIS EARTH
THOSE DEMONS, THEY WANTED ME TO BE
A STATISTIC, THE TWENTY-TWO YOU SEE
SO JUST FOR TODAY, I WILL NOT TURN TWENTY-TWO
AND I WANT YOU TO HEAR
MY WORDS ARE SO TRUE
THIS WORLD IS BETTER BECAUSE OF YOU!

*IF YOU ARE IN CRISIS, CALL 988, REACH OUT- ASK FOR HELP
DERRICK IOZZIO

SPONSOR SPOTLIGHT

OUR MISSION CAN ONLY EXIST WITH THE HELP AND SUPPORT OF PEOPLE LIKE YOU!

IF YOU OR ANYONE YOU KNOW WOULD LIKE TO BE A NEWSLETTER SPONSOR - SEE BELOW.

THANK YOU FOR YOUR CONSIDERATION AND THANK YOU FOR YOUR SPONSORSHIP.



WE APPRECIATE YOU!

FOR MONTHLY SPONSORSHIP, PLEASE MAKE THE PAYMENT VIA VENMO OR PAYPAL @THEPEOPLESPATRIOTPROJECT

1/4 PAGE \$10.0

1/2 PAGE \$ 25.00

FULL PAGE \$ 50.00



A SOLDIER WITH PTSD FELL IN A HOLE and couldn't get out.

A Senior NCO went by and the Soldier with PTSD called out for help. The Senior NCO yelled at, told him to suck it up dig deep & drive on, then threw him a shovel. But the Soldier with PTSD could not suck it up and drive on so he dug the hole deeper.

A Senior Officer went by and the Soldier with PTSD called out for help. The Senior Officer told him to use the tools your Senior NCO has given you then threw him a bucket. But the Soldier with PTSD was using the tools his Senior NCO gave him so he dug the hole deeper and filled the bucket.

A psychiatrist walked by. The Soldier with PTSD said, "Help! I can't get out!" The psychiatrist gave him some drugs and said, "Take this. It will relieve the pain." The Soldier with PTSD said thanks, but when the pills ran out, he was still in the hole.

A well-known psychologist rode by and heard the Soldier with PTSD cries for help. He stopped and asked, "How did you get there? Were you born there? Did your parents put you there? Tell me about yourself, it will alleviate your sense of loneliness." So the Soldier with PTSD talked with him for an hour, then the psychologist had to leave, but he said he'd be back next week. The Soldier with PTSD thanked him, but he was still in the hole.

A priest came by. The Soldier with PTSD called for help. The priest gave him a Bible and said, "I'll say a prayer for you." He got down on his knees and prayed for the Soldier with PTSD, then he left. The Soldier with PTSD was very grateful, he read the Bible, but he was still stuck in the hole.

A recovering Soldier with PTSD happened to be passing by. The Soldier with PTSD cried out, "Hey, help me. I'm stuck in this hole!" Right away the recovering Soldier with PTSD jumped down in the hole with him. The Soldier with PTSD said, "What are you doing? Now we're both stuck here!!" But the recovering Soldier with PTSD said, "Calm down. It's okay. I've been here before. I know how to get out. ~Author Unknown

DIRECTOR SPOTLIGHT

Meet the faces behind the scenes. Those who work tirelessly to achieve the PPP purpose of addressing, educating, coordinating, providing aid, relief and resources to civil servants injured, misplaced and/or in need of support, due to the service they have provided to their country and communities. Those who seek to educate themselves and others on the issues that face our country.

MARK PETERSEN FOUNDER



Mark was born in Montana and raised in Wyoming. He joined the military right out of high school and served for 14 years. After that, he got his degree in Psychology and Education and worked with troubled teens. He also got married and had two children.

After serving on his local fire department, Mark received the vision to start THE PEOPLE'S PATRIOT PROJECT, a nonprofit organization that helps veterans and their families. He is excited to work on this project and hopes to make a difference in the lives of many people.

ANDREA EICHMANN EXECUTIVE DIRECTOR



Andrea Eichmann was born and raised in Southwestern Minnesota. She is a wife, mother of five, and grandmother. She has over 25 years of experience teaching youth and confirmation age in her church. She is currently a seventh and eighth-grade Language Arts teacher.

Andrea met Mark Petersen and was inspired by his vision to help veterans and first responders. She has become one of the spearheads of the growth and dynamic planning of the People's Patriot Project. She is thrilled to be working with a team of supportive and striving people to make the mission and vision of the project a success.

MATTHEW BIRR
DIRECTOR OF PURPLE HEART
RELATIONS AND OUTREACH



Matt grew up in Fridley, Minnesota, and served in the Army in Afghanistan. He was injured in a gunfight and received a Purple Heart. He is now a director of the People's Patriot Project, where he keeps everyone on their toes. Matt is a funny and inspiring person who loves to make people smile.

LEE WILLIAMS
MEMBER AT LARGE



Lee Williams is a veteran who was born in Brazil, raised in Louisiana, and has lived in Minnesota for almost 30 years. He has a family history of military service, and his grandfather served at Pearl Harbor. Lee served in the Louisiana Army National Guard from 1987 to 2003, and he is now a Right of Way manager for the Minnesota Department of Transportation's Metro Transit Section. He purchases property for light rail and bus rapid transit projects. Lee is married and has three daughters.

ADAM BIRD
CONSULTING DIRECTOR



Adam Bird is the founder and CEO of Heroes Media Group, a digital media branding platform that provides a voice for community heroes and those who support them. Adam earned his bachelor's degree in business management and is an experienced entrepreneur with a passion for creating jobs and reorganizing the way media is consumed. He was born in Wisconsin and developed a love for the outdoors at a young age. After high school, he enlisted in the Army National Guard and served until 2007. He is now a single father and is committed to using his platform to help others.

DERRICK IOZZIO
COMMUNICATIONS DIRECTOR



Derrick is an Army veteran and former first responder. Originally from New Jersey, Derrick enlisted out of high school and served in the Army for nine years. After being honorably discharged as a Staff Sergeant (E-6), Derrick went into civilian law enforcement and served for seventeen years. The experiences from the military and law enforcement were the foundation that led Derrick to pursue a degree in psychology and become a state-certified mental health peer specialist. Derrick continues to serve by addressing mental health issues, the suicide crisis, and homelessness. He facilitates mental health peer support groups, both in person and online. Every one of us can do something. No degree is needed, and no special training is required. We just have to be willing to take the time to listen, to care, and to offer support. Join me and WeP3 to make a difference.

There is HOPE! There is HELP! Patriot Pride!



I AM ONE OF THE 22

I AM ONE OF THE 22. I AM A US MILITARY VETERAN, AND I AM SPEAKING FOR MY BROTHERS AND SISTERS WHO ARE THE 22. I AM CALLING OUT TO YOU FROM UNDER THE US FLAG. WE TOOK THE SAME OATH AS YOU. WE SWORE TO DEFEND OUR COUNTRY. LIKE YOU, WE DID IT WITH HONOR. WE EXPERIENCED THINGS THAT NO HUMAN SHOULD HAVE TO EXPERIENCE, BUT WE DID BECAUSE WE WERE SOLDIERS, MARINES, AIR FORCE, NAVY, AND COAST GUARD. WE ANSWERED OUR COUNTRY'S CALL TO SERVE.

WE COMPLETED OUR SERVICE, WE TRIED TO RETURN HOME, TO OUR FAMILIES, OUR LOVED ONES, OUR LIVES. MANY OF US WERE ABLE TO DO JUST THAT, BUT NOT THE 22. WE BECAME LOST, AND WE COULD NOT REACH WHAT WE ONCE KNEW. WE WERE NOT ABLE TO FIND THE DIRECTION, NOR THE HELP. THIS WE BORE AS A HEAVY BURDEN, AND WE COULD NO LONGER BEAR THIS BURDEN. OUR CRIES FOR HELP WERE UNSPOKEN AT TIMES, AND AT OTHER TIMES, IT WAS OUR BEHAVIORS THAT DID THE TALKING BUT WENT UNNOTICED. WE COULD NOT SEE ANY OTHER WAY, SO WE GAVE IN, WE JUST WANTED TO END THE PAIN, THE SUFFERING, AND WE DID THE ONLY THING WE COULD AT THE TIME.

WE NEVER MEANT TO CAUSE ANYONE THE PAIN, THE HEARTACHE, THE SADNESS THAT THEY NOW FEEL. WE NOW KNOW THAT THE PATH WE TOOK WAS NOT THE CORRECT WAY. WE CANNOT CHANGE THIS, BUT WE CAN HELP OTHERS FIND THE RIGHT PATH. WE HAVE MUCH LOVE FOR ALL OF YOU, BUT WE NO LONGER HAVE A VOICE TO TELL YOU. WE CAN NO LONGER EXPRESS OUR LOVE WITH ACTIONS, WORDS, OR DEEDS, BUT OUR LOVE IS THERE, AND IT IS ETERNAL.

AS ONE OF THE 22, I AM ASKING ON BEHALF OF MYSELF AND MY BROTHERS AND SISTERS THAT YOU WHO ARE LIVING, YOU THAT ARE ABLE TO SPEAK ON OUR BEHALF, TO USE YOUR VOICE, YOUR ACTIONS TO TELL OTHERS THAT WHICH WE CANNOT TELL. HEAR ME AS I SPEAK FROM UNDER THIS FLAG.

MY MESSAGE IS SIMPLE BUT URGENT. DO NOT JOIN OUR RANKS, WE LOVE YOU AND WE ADMIRE YOU BROTHERS AND SISTERS BUT DO NOT JOIN US IN THE WAY THAT WE HAVE. LOOK TO YOUR BROTHERS AND SISTERS, YOUR LOVED ONES, REACH OUT, AND ASK FOR HELP. THERE IS NO SHAME IN ASKING FOR HELP. WHEN WE ALL WORE THE UNIFORM, WE HELPED EACH OTHER. NOTHING HAS CHANGED.

WILL YOU BE OUR VOICE? WILL YOU BE OUR EYES? WILL YOU BE OUR EARS? SPEAK ON OUR BEHALF, LOOK FOR OUR BROTHERS AND SISTERS, LISTEN TO THEM. WATCH THEM, TALK WITH THEM, HEAR THEM. HELP THEM FIND THEIR WAY; DO NOT LET THEM JOIN OUR RANKS. THERE IS HOPE, THERE IS HELP.

WE CAN NO LONGER SPEAK FOR OURSELVES, WE NEED YOUR VOICE. HELP US TO HELP OUR BROTHERS AND SISTERS. SPREAD THE WORD, TAKE ACTION, AND HELP US TO STOP OUR RANKS FROM GROWING. WE SERVED TOGETHER IN THE PAST, AND WE CAN SERVE TOGETHER NOW. OUR MEMORIES AND YOUR ACTIONS WILL SAVE LIVES. GET INVOLVED, FIND THAT LOCAL VETERAN ORGANIZATION IN YOUR AO, REACH OUT TO THEM, AND ASK HOW YOU CAN HELP. FIND THAT FELLOW VETERAN WHO IS STRUGGLING, HELP THEM FIND THEIR WAY. TOGETHER WE CAN DO MUCH GOOD.

I AM ONE OF THE 22, CALLING OUT TO YOU FROM UNDER THIS FLAG, HEAR ME, FAMILY.