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## THE PEOPLE'S PATRIOT PROJECT

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# PATRIOT PRESS

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"We remember those who were called upon to give all a person can give, and we remember those who were prepared to make that sacrifice if it were demanded of them in the line of duty, though it never was. Most of all, we remember the devotion and gallantry with which all of them ennobled their nation as they became champions of a noble cause."

- Ronald Reagan

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## WELCOME

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Welcome to The People's Patriot Project's official monthly Newsletter!

Thank you so much for your support and collaboration! We are glad to have you here!

In this Newsletter, you will find information on the who, what, when, where, and why behind The People's Patriot Project.



If you or someone you know needs help,  
do not hesitate to call.  
**WE ARE HERE FOR YOU**

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## CONNECT WITH US

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The People's Patriot Project



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[https://thepeoplespatriotproject.org/  
home](https://thepeoplespatriotproject.org/home)



Crisis Hotline: 988-1  
PPP: 763-238-5971

# We Be People...

WE, THE PEOPLE, THE PEOPLE'S PATRIOT PROJECT, have adopted the Mission of Honoring and Empowering those who have served by being the shock and awe when combating the silent and deadly enemy of our veterans and first responders, the enemy that leaves mortal and invisible wounds.

## CORE VALUES

- Aid those who sacrificed for us
- Support the families of civil servants
- Heal the traumas of service
- Share the burdens of our community
- Create opportunities for Patriots

## OUR VISION

Our Vision is to provide a community and network of support, with the necessary tools, insights, and resources to aid in the rehabilitation of veteran and current service members and civil servants to go through a recovery process and transition into real-world opportunities and situations.

WE DO WHAT WE DO IN THE NAME OF HONOR FOR THOSE WHO HAVE SERVED; COMBATING THE SILENT, INVISIBLE, AND DEADLY ENEMY OF OUR VETERANS AND FIRST RESPONDERS, THE ENEMY THAT LEAVES MORTAL AND INVISIBLE WOUNDS.

WE want to help provide more fulfilling life memories and experiences by providing resources and facilities that will show an appreciation for the sacrifices and service these members have already provided to our country and community. Adding to their memories and experiences for the main purpose as they have sacrificed their livelihood to promote the life securities and freedoms we all share as Americans.

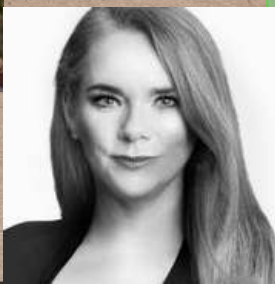


# WE GOT YOUR 6 @ 6

Every week at 1800 central time, we share our guests' stories on our live streamed Podcast. We come together to discuss anything from tragedy to triumph, music and laughter, and so much more. There is nothing separating us from the mission we set out to conquer! So tune in every Sunday at 6pm on Facebook and Youtube and be a part of the solution with us!

This month, we have some awesome guest speakers and musicians who want to do just that! Listen in as they offer empowerment and healing in the body and mind through peer support, intervention, mental and holistic wellness, art, music, self discovery, and so much more. There is something for everyone this month of August!

## DECEMBER GUEST LINEUP



DATE	EPISODE NUMBER	GUEST
07-December-2025	#282	Jannell MacAulay, Command Your Mindset
07-December-2025	#282	Chris Moreau, Musician
14-December-2025	#283	Conrad Weaver, PTSD 911 Movie
14-December-2025	#283	Michael Allen, Musician
21-December-2025	#284	Margo LaPointe, Military Kids Retreats
21-December-2025	#284	John PayCheck, Musician
28-December-2025	#285	Chris LaMotte
28-December-2025	#285	Emily Perkins, Musician

# THE GODFATHER'S BOOTH

With Derrick Iozzio



Wow, and just like that, we are into the final month of the year! It's December, and for many, there are thoughts of the holidays, gifts, celebrations, and the cheer and joy of the holiday season.

We should also be aware that December is a significant month for mental health awareness. With all the holiday cheer, the shopping for that "perfect" gift, plans for meals, parties, and get-togethers, the stress that can come from this may be too much for some.

Practice self-care, and know that you do not have to attend all of those holiday functions.

Make plans for yourself, including time for you. Find ways to enjoy the season the way you want.

WeP3 extends a happy and joyous holiday season to everyone.

Merry Christmas and a very Happy and Prosperous New Year to all!

Patriot Pride!

## Market Trends and Analysis

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## Creating New Traditions After Service

For many veterans, the holidays can feel different after leaving the military. Some traditions that once felt comforting may no longer fit. Others may be tied to memories of deployment, loss, or intense camaraderie that's hard to recreate in civilian life. But the beautiful thing about this season is that it offers a chance to create new traditions—ones that honor where you've been and support who you are now.

### Honor Your Service in Your Own Way

Your time in uniform is part of your story, and your holiday traditions can reflect that. Some veterans light a candle for fallen brothers and sisters. Others hang an ornament that represents their branch, unit, or deployment. Small gestures can create connection and purpose.

### Build Traditions That Support Your Mental Health

If the holidays bring stress, pressure, or difficult emotions, focusing on peaceful practices can help. Consider:

A morning walk or quiet cup-of-coffee ritual

A no-phone hour to reset your mind

Volunteering for a cause you care about

Choosing smaller, quieter gatherings instead of large ones

Traditions don't need to be elaborate—they just need to bring you comfort, connection, or joy.

### Create New Ways to Connect

In the military, the bond between teammates is strong—and holidays in the service often became makeshift family gatherings.

After transitioning out, you may miss that built-in community. You can rebuild it in new ways by:

Hosting a "Veterans Friendsgiving" or holiday potluck

Sending a holiday message or care package to a comrade with whom you served

Joining local veterans' events during December

Connection is a tradition worth keeping.

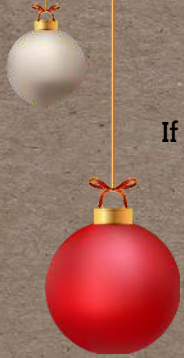
### Embrace What Matters Most Now

Life changes—families grow, responsibilities shift, and we grow with them. Maybe you now prefer a quiet December morning to a loud party. Maybe you enjoy cooking a holiday meal rather than eating one in the chow hall. Maybe you've created blended traditions with a spouse or partner.

Whatever your holidays look like now, they can be meaningful because you get to define them.

### New Traditions, Same Strength

Creating new traditions isn't about forgetting the past—it's about building a holiday season that reflects your journey. Whether you find joy in new routines, connection through community, or peace in solitude, your traditions can evolve with you. This year, give yourself permission to celebrate the holidays in whatever way brings you comfort, pride, and a sense of belonging.



# Veteran Holiday Memories WE WANT TO HEAR FROM YOU

## Stories From Service and Beyond

The holiday season has a unique way of bringing memories to the surface—some heartwarming, some humorous, and some deeply meaningful. In this special section, we invite our members to share their experiences and holiday moments from their time in uniform and beyond.

Sharing these stories helps remind us of the resilience, humor, and heart that define our veteran community.



### Your Most Meaningful Holiday During Service

Maybe it was the year your unit pulled together to create a makeshift celebration in challenging conditions. Maybe you received a care package at just the right moment. Maybe your team shared a quiet, powerful moment that reminded you what you were fighting for.



### A Funny Deployment Holiday Story

Not all memories are solemn—some are downright hilarious. Did your platoon decorate a Humvee? Did someone dress up as Santa using only supply closet materials? Did a well-meaning MRE modification go terribly wrong?

Your funniest holiday story might just brighten someone else's December.



### How Your Holiday Traditions Changed After Service

Life after the military often brings new routines, new families, and new ways of celebrating.

**Tell us:**

What holiday traditions did you bring home from the military?

Which ones did you leave behind?

What new traditions have you created for yourself or your family?

How does the season feel different now?

If you'd like your experience included in our next issue—or simply shared with fellow veterans—we invite you to submit your story.

Short or long, heartfelt or funny, every story adds to the strength of our community.

You can send your submission to:

**Lauren.iozzio@thepeoplespatriotproject.org**



## THE PEOPLE'S PATRIOT PROJECT | Wreaths Across America

**REMEMBER** the Fallen. . . **HONOR** those who Serve. . . **TEACH** our children the value of Freedom

We are happy and excited that you are willing to help with the Wreaths Across America ceremony at Fort Snelling National Cemetery. There are two ways you can support, and the first is to sponsor a wreath or wreaths to be placed on the headstone in the cemetery.

The second is to volunteer on December 13, 2025 at 11 AM, and help us place the wreaths throughout the cemetery, and say the name of each person as you place the wreath.

We at The People's Patriot Project would like to thank you for your sponsorship and support. It is the littlest things that count, and we have heard so many stories back from the families that come to visit their loved ones. When they see the wreath that has been placed to remember them, it makes them incredibly happy.

This is the easy part ... each wreath sponsorship is only \$17.

Thank you so much for supporting the MN0081- Ft Snelling Donations through The People's Patriot Project and Wreaths Across America!



# Happy Holidays

From THE PEOPLE'S PATRIOT PROJECT

# SPONSOR SPOTLIGHT

OUR MISSION CAN ONLY EXIST WITH THE HELP AND SUPPORT OF PEOPLE LIKE YOU!

IF YOU OR ANYONE YOU KNOW WOULD LIKE TO BE A NEWSLETTER SPONSOR - SEE BELOW.

THANK YOU FOR YOUR CONSIDERATION AND THANK YOU FOR YOUR SPONSORSHIP.



## WE APPRECIATE YOU!

FOR MONTHLY SPONSORSHIP, PLEASE MAKE THE PAYMENT VIA VENMO OR PAYPAL @THEPEOPLES PATRIOTPROJECT

1/4 PAGE \$10.0

1/2 PAGE \$ 25.00

FULL PAGE \$ 50.00